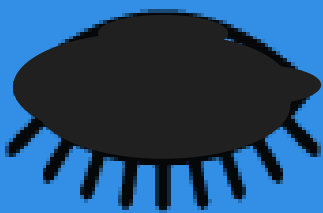


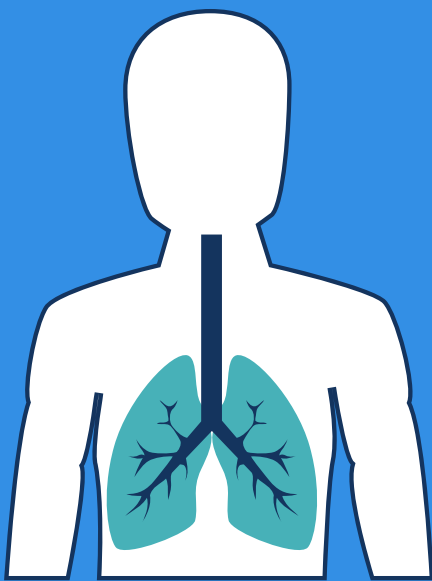
HOW TO RECOGNIZE AN OVERDOSE & WHAT TO DO

If you think someone is having an overdose call **911 IMMEDIATELY!**



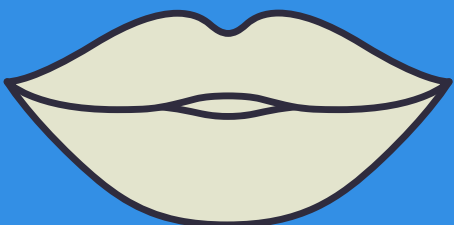
Alertness

Person cannot be woken up or not moving.



Breathing

Person has slow or absent breathing. they may sound like they're choking, gurgling, coughing or snoring.



Color

Lips and nails may be discolored. their lips and nails may have a blue or gray appearance.



Just a few seconds can make a big difference in saving someone's life.

Anyone can call 911. Police will not arrest you for calling.

Give the person rescue breaths.

Rescue breathing is CPR without chest compressions.

Administer Narcan. Narcan can reverse an opioid overdose.

Wait with the person until help arrives.



Contact us to set up a training session for your organization

CENTRAL KENTUCKY HARM REDUCTION COALITION



Interested? More info
harmreductionky.org

(502) 783-6424

